

AUGUST



Residents' Club & Swimming Pool Hours:

Monday– Saturday

11am-8pm

Sunday

11am-7pm

Ladies Night

Thursday, August 20th
7pm-9pm

Bring a neighbor and get to know some other ladies in the neighborhood! Please bring drinks or munchies to share and RSVP to lmkafer@charter.net.

Men's Game Night

Thursday, August 27th
7pm-9pm

Guys, come on out for some guy talk and cards! Please bring drinks and munchies to share and RSVP to chrisandsheriwheeler@verizon.net

Check out the Classifieds section on our website!

Ladies Golf Night

The Riverfront Golf Course
Tee Off at 5:30
July 16th & 30th



FOUNDERS *Pointe*

1230 FOUNDERS POINTE TRAIL CARROLLTON, VA 23314
757.238.8717 WWW.FOUNDERSPOINTE.NET

TROPICAL POOL PARTY & COOKOUT

SATURDAY, JULY 25TH
7PM-10PM

Come on over for an adult only relaxing evening by the pool. With a beer in your hand and tropical tunes in the air, you'll be sure to leave all the troubles of the week behind. We'll grill up chicken sandwiches with all the trimmings, and then play a few adult mixers to get the evening started and party the night away! We are going to have a salsa challenge, so whip up your favorite, most creative salsa! Don't forget to bring the recipe, we'll vote on our favorite salsa and the winner will receive a prize! Please feel free to BYOB, but please, no glass on the pool deck. The cost is \$8 per adult.

KIDS NIGHT OUT

Let's get tropical! We're going to have a separate Kids Night Out filled with games, activities and we're going to watch Surf's Up. We'll have a pizza dinner and all the fun you can imagine! The cost is \$12.00 per child.

PLEASE RSVP BY THURSDAY, JULY 23RD

RAFT RIOTS & \$1 ICE CREAM FLOATS

Wednesday, August 5th
6pm-8pm

Root Beer ~ Orange Dreamsicle
Need to cool off?

Bring your favorite raft, a dollar, and chill out!

Outta This World!

August 10th-14th

9:00am-1:30pm

Age: Rising 1st grade and up.

Cost: \$130 for the week.

Early morning drop available upon request 7am-9am.

Come along on our great adventure as we head Outta this World!

Monday– An astronomer is coming and we're going to use a special telescope to look at the sun.

Tuesday– We are going to be space colonists when the VA Air & Space Center joins us.

Wednesday– We are going to Nauticus to study atmospheric science.

Thursday– Over and out... we're going to the airport!

Family Night Thursday 9pm-10pm- Bring the whole family! An Astronomer from the planetarium is coming with a telescope to show us the night sky!

Friday– A visitor from N.A.S.A. is coming to tell us about the space program and Mars exploration, cool!

Participants will need a bathing suit, towel, sunscreen and lunch each day. For field trips participants under age 8 or 80lbs will need a car or booster seat. Please register by Wednesday, August 5th.



Perseids Meteor Shower

August 11th-13th

Peak Time: Early morning / dawn on Wednesday, August 12th.

The shower will appear in the northeast sky near the Perseus and Cassiopeia Constellations. This shower is considered one of the best, with approximately 60 meteors per hour. Keep an eye out, we'll post a star map under the summer camp section on the website to help you find the meteor shower.



Busch Gardens Teen Trip

Saturday August 15th

12:45pm-10:45pm

This trip is appropriate for ages 10-15. The cost is \$15 per participant, which includes transportation, supervision in the park and a snack in the van.

Participants ages 10 & 11 will have to stay with the chaperone while in the park.

Participants are responsible for purchasing admission into the park and for bringing dinner.

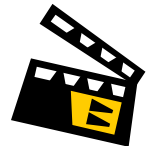
Due to transportation arrangements, an RSVP with payment is required by Wednesday, August 12th.



Teen Pool Party

Friday, August 7th

8pm-11pm



Come on out teens and tweens, and bring all your friends, it's a pool party just for you! School is just around the corner and this may be your last chance to let loose at the pool! No crafts and kids games tonight, we'll have pizza, play some really cool pool games, and even have a Play Station 2 tournament... on the big screen! At 9pm we are going to watch a

movie at the pool so don't forget to bring your favorite raft. The cost is \$12 per person, please RSVP by Wed. August 5th.



JUST A FRIENDLY REMINDER

Please RSVP for all events to help us prepare properly. Children must be potty trained to attend without a parent. Residents may bring guests to activities, please inquire about guest pricing, if applicable, when registering for an activity.

Tiny Tot Adventure Days

Tuesday, July 21st, August 4th & August 18th 9:30am-1:00pm

Bring your little one out for a fun filled day of adventure! We'll play games and activities, go swimming, create-a-snack, make a craft, and have story time. Your children will be supervised by an enthusiastic group of counselors who are dedicated to providing your child with an outstanding camp experience. Tiny Tot Adventure Days have a lower counselor to camper ratio than our other summer camp programs to offer your little one the attention and supervision he/she needs. Campers should bring a bagged lunch and come dressed with their swim suit under their clothes. We will have swim and water fun time during each Adventure Day, weather permitting. Please be sure to apply sunscreen on your child before they come, and pack them a towel and any flotation device they may need. The cost is \$22.00 per day.

2009-2010 KiDZ KLuB

Do you need before school or after school care for your child?

Monday– Friday 6:30am-8:15am & 3:30pm-6pm



The Founders Pointe KiDZ KLuB offers before and after school activities for your children. The Residents' Club provides a safe and supervised area for your child to do homework, make crafts, create-a-snack, play outside and inside sports, watch a movie, and have some FUN! You can drop your child off at the Residents' Club and have them catch the bus here in the mornings or have the bus drop your child off here after school. We must have a minimum of 5 children daily to hold either the before school or the after school program. The cost for each program is \$10 per day or \$40 per week. The program will follow the Isle of Wight Public School schedule, and will offer care on days when schools dismiss early or are not in session, there will be an additional fee for these days.

Children must be registered by Monday, August 31st so that we know if we have enough participants to hold the program. Registration forms and additional information are available on our website.

Fitness Club

Are you a runner, walker or just want to get outdoors and exercise? With no regular meetings or responsibilities, the Fitness Club is an easy way to keep in the loop about upcoming races and activities... while exercising with your neighbors. Motivation, support and fun, you'll find it all with the Fitness Club! If you are interested please contact the Residents' Club to add your name to the e-mail distribution list.

Below are some upcoming activities in which Founders Pointe Residents are participating. If you wish to join us, or have an event you would like to add, please contact the Residents' Club.



ASYMCA Mud Run
Saturday, August 8th

Smart Smiles 5K
Saturday, August 22nd

The Carrollton Public Library

Proudly Announces...

Baseball Night

Tuesday, July 21st

5:30pm-8:00pm

Trivia Quiz ~ Radar Gun

Get your photo taken with Rip Tide, the Norfolk Tides mascot!

Hot Dogs ~ Popcorn ~Drinks

Brought to you by Bubba 'n' Franks & Smithfield Foods.

Blackwater Regional Library
Carrollton Branch
14362 Towne Haven Lane



Please call 757-238-2641, or stop by the library to register!

Wine & Food Pairing

Saturday, August 22nd

7pm-10pm

Come join us for a laid back evening filled with good people, good wine and good food! We'll serve mini plates with each glass of wine so you can taste just how the wine and food pair together.

The experts from Bon Vivant will be there with tips on how to pair wine and food for your next get together. The cost is \$16 per person.



Kids Night Out

No need to find a sitter tonight, just bring the kids on over for a fun night of their own. We'll play games, watch the movie Delgo and have a pizza dinner too.

The cost is \$12 per child.

Please RSVP by Thursday, August 20th.

August Swim Lessons with Swim-Ahead

Group Swim Lessons

August 1st-15th Monday-Thursday
8 classes for \$80

SWIM Program (3-5years)

3:00pm-3:30pm & 4:00pm-4:30pm

AHEAD Program (6-12 years)

3:30pm-4:00pm & 4:30pm-5:00pm

Private Swim Lesson

Arranged on a first come first serve basis. Please contact the Residents' Club for more details.

Group Fitness Classes

Aqua-Fit at The Riverfront Swim Club

Mon. & Wed. 7:15pm-8pm

Tues. & Thurs. 7:15pm-8pm

4 classes for \$45

Aqua-Babies at The Riverfront Swim Club

Sat. August 1st, 8th & 15th

10:15am-10:45am

National Dog Day

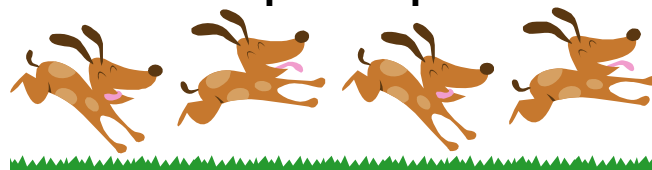
Pet Wash & Parade

Benefiting the

Isle of Wight Humane Society

Wednesday, August 26th

6:30pm-8:00pm



Bring your dogs, cats, ferrets, turtles, or any other pets that can walk on over to the clubhouse! The Portsmouth

Police Department K-9 Unit will put on a demonstration to show the skill and training of the police dogs. Also, the Mounted Patrol will be present for photos and questions. In lieu of an admission fee, we are asking each participant to bring a donation to the Isle of Wight Humane Society. Right now they are in need of puppy and kitten food, but any donations are appreciated. Local businesses have donated pet grooming supplies, so after the K-9 Unit demonstration we will hold our Pet Wash. Once your pet is nice and clean, volunteers from the Isle of Wight Humane Society will judge the Pet Parade! Please RSVP by Tuesday, August 25th if participating.

East West Community Pool Swap Weekend

~Eagle Harbor ~ The Riverfront ~
~Gatling Pointe Yacht Club~
August 15th & August 16th

Take your membership card with you and get into any East West swimming pool this weekend! Relax by the river at the Gatling Pointe Yacht Club, have fun on the monster water slides at Founders Pointe and The Riverfront, or check out the kids water feature at Eagle Harbor. Pool guest fees still apply and vary between facilities. Please check out the following websites for more details, including hours of operation and activities.

www.riverfrontswimclub.com www.gpyachtclub.com
Eagle Harbor: 238-3511