

**April  
2008**



**Bunco Night**

Thursday, April 17th

7pm-9pm

To RSVP or for more details, please contact

Laura Schall at

[laura\\_schall@yahoo.com](mailto:laura_schall@yahoo.com).



**Athletic  
Conditioning  
Class**

Intro Meeting:

Wednesday, April 23rd

10:00am

This class will involve exercises to improve muscular strength, endurance, and cardiovascular fitness.

Classes will meet

Wednesdays at 6am & Saturdays at 10am. The cost is \$55 for 6 classes or \$105 for 12 classes.

# Founders Pointe Residents' Club Activity Newsletter

## Wine Bash & Kids Night Out

Saturday, April 19th

7pm-10pm

*Revamped &  
Rescheduled*



## A Taste of Summer: Wine Tasting

Friday, April 25th

7pm-10pm

Join us as Bon Vivant Market leads us on a tasting of light and refreshing wines that are perfect for summer! All the wines featured this evening will have a screw top, providing for ease of portability during summer activities such as boating or camping. To get in the spirit of summer and welcome in the grilling season, for dinner, you'll be able to create a one of a kind hamburger from our gourmet hamburger bar! The cost is \$15 per adult, we must have a minimum of 15 adults registered to hold this event. Please RSVP by Wednesday, April 23rd if attending.

## Kids Night Out

Parents, no need to call the babysitter tonight, bring the kids on over for a night of fun all their own. We'll have our own grilled dinner, watch a movie, play games and make a craft. The cost is \$10 per child with a parent attending the tasting, \$12 if not attending the tasting.



# Master Hwang's World Class Tae Kwon Do

Saturday, April 19th  
3:00pm-4:15pm



## Exciting board breaking demonstration!

Join us for a fun and exciting introduction to Tae Kwon Do. Kids, adults and seniors are welcome, this event is appropriate for ages 4 and up. Please wear light and comfortable clothing. There is no cost to attend this event, please RSVP by Wednesday, April 16th.

## Swimming Pool Opening Day

Saturday, May 3rd  
12pm-6pm



## Save-The-Date

Saturday, May 17th  
Hummingbird Workshop  
10:00am  
Popcorn Theater  
6pm-9pm

## Coming to the pool this summer... Water fitness classes by Swim-Ahead

### Aqua-Babies

Tuesdays & Thursdays: 10am-10:30am  
\$65 for 8 Classes

A parent and child class to help acclimate babies to the water. This class is appropriate for babies ages 6 months-36 months.

### Aqua-Kids

Tuesdays & Thursdays: 11am-11:30am  
\$65 for 8 Classes

Have fun while exercising!  
This is a fun shallow water exercise class geared for children, that brings together games and fitness.

### SWIM: Group Swim Lessons

Tuesdays & Thursdays: 10:30am-11am  
\$65 for 8 Classes

Swim lessons for children ages 3-5 years.  
Private swim lessons are available for older children and adults, please call to reserve your spot now!

### Aqua-Bodies

Tuesdays & Thursdays: 5:45pm-6:30pm  
\$65 for 8 Classes

Sat. 9am-9:45am ~ \$35 for 4 classes  
Great for those who want a total body workout & people with arthritic symptoms who want to keep mobile.

The first summer session begins June 2nd. There is a Drop-In fee of \$10 to attend any single class. Aqua-Bodies will have a 'testing the waters' session on May 27th & 29th for \$10. There must be a minimum of 5 participants registered to hold a class. Sign up today, registration for the first summer session ends May 31st!

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